



MENU WINTER



EC/Kinder
















Month : Dec-19

Total meals for the month :

Name :

Class :

EC/Kinder price per meal: 46.500VND

	MONDAY 2-Dec	TUESDAY 3-Dec	WEDNESDAY 4-Dec	THURSDAY 5-Dec	FRIDAY 6-Dec
SET LUNCH	Trứng khuấy thịt nguội & phô mai Scrambled eggs with ham & cheese 	Gà nướng Grilled chicken 	Thịt bằm sốt bolognese Meat sauce bolognese 	Hà cảo hấp Dimsum 	Cá chiên Fried Fish 
	Bánh mì tròn Bread roll 	Xôi viên Sticky rice	Mì Ý Spaghetti	Thịt nướng, cơm trắng Shredded pork on rice 	Cơm trắng Steamed rice
	Dưa hấu Water melon	Dưa hấu Watermelon	Táo Apple	Dưa lê Honeydew melon	Bông cải xanh, đậu hòa lan trái Broccoli & snow peas
	Đậu nành Nhật Edamame	Bông cải xanh, bông cải trắng & đậu hòa lan hạt Broccoli, cauliflower & peas	Dưa leo & cà chua bi Slice cucumbers & cherry tomato	Bắp trái Big corn on the cob	2 Trái chuối 2 Banana
	MONDAY 9-Dec	TUESDAY 10-Dec	WEDNESDAY 11-Dec	THURSDAY 12-Dec	FRIDAY 13-Dec
SET LUNCH	Thịt viên sốt teriyaki Teriyaki meatballs 	Thịt heo nướng Grilled pork 	Gà chiên Fried chicken strips 	Gà nướng Chicken strips 	Bánh kẹp gà phô mai Cheese and Chicken Quesadilla 
	Cơm trắng Steamed rice	Cơm chiên đậu hòa lan, cà rốt, bắp hạt Fried rice with peas, carrot, corn 	Khoai tây đút lò Roast potato 	Mì trứng sốt cà chua Egg Noodle and Tomato Sauce 	Trứng luộc Boiled Egg (1)
	Đậu cove luộc Steamed green bean	Cà rốt & dưa leo Carrot & cucumber	Bông cải xanh, đậu hòa lan Broccoli & peas	Cam Oranges	Đậu cove, cà chua bi Green Beans and Cherry Tomato
	Xoài, nho Mango, grapes	Mít Jackfruit	Bưởi Pomelo	Đậu nành Nhật nguyên trái Edamame pops	Dưa hấu Watermelon



LOCAL PRODUCE

WE USE LOCALLY SOURCED SEASONAL INGREDIENTS AS MUCH AS POSSIBLE



FRESH IDEAS

EATING IN SCHOOL SHOULD BE A PLEASUREABLE EXPERIENCE WITH TIME SPENT SHARING GOOD FOOD WITH FRIENDS AND TEACHERS. WE ARE ALWAYS STRIVING TO IMPROVE THIS EXPERIENCE AND LOVE TO HEAR SUGGESTIONS, IDEAS AND FEEDBACK.

If you or your child have a food allergy or intolerance, please ask a member of our catering team for information. We hope your child enjoys our new menus.

PLEASE VISIT OUR WEBSITE FOR FURTHER UPDATES.

www.thecaterers.vn

* Certain items on the menus could be subject to change due to availability.