

EC/Kinder Menu - December 2020 Total meals for the month:

EC/Kinder price per meal: 46.500VND

	TUESDAY 1-Dec	WEDNESDAY 2-Dec	THURSDAY 3-Dec	FRIDAY 4-Dec
SET LUNCH	Grilled pork G	Fried chicken strips G,E,D	Chicken strips G	Grilled Chicken and Cheese Sandwich G,D
	Fried rice with peas,carrot,corn G,E	Roast potato	Egg Noodle and Tomato Sauce G,E	Boiled Egg E
	Carrot & cuccumber	Broccoli & peas	Edamame pops	Green Beans and Cherry Tomato
	Jackfruit	Pomelo	Oranges	Watermelon

G: Gluten E: Egg D: Dairy F: Fish C: Crustacean





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	MONDAY 7-Dec	TUESDAY 8-Dec	WEDNESDAY 9-Dec	THURSDAY 10-Dec	FRIDAY 11-Dec
SET LUNCH	Scambled eggs with ham & cheese D,E	Grilled chicken G	Meat sauce bolognese G	Dimsum E,G	Fried Fish G,F,D,E
	Bread roll E,G	Sticky rice	Spaghetti <mark>G</mark>	Shredded pork on rice G	Steamed rice
	Edamame	Broccoli, cauliflower & peas	Slice cucumbers &cherry tomato	Big corn on the cob	Broccoli & snow peas
	Water melon	Watermelon	Apple	Honeydew melon	2 Banana

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EC/Kinder Menu - December 2020 Total meals for the month:

	MONDAY 14-Dec	TUESDAY 15-Dec	WEDNESDAY 16-Dec	THURSDAY 17-Dec	FRIDAY 18-Dec
SET LUNCH	Teriyaki meatballs G,E,D	Grilled pork G	Fried chicken strips G,E,D	Chicken strips G	
	Steamed rice	Fried rice with peas,carrot,corn G,E	Roast potato	Egg Noodle and Tomato Sauce G,E	NO SCHOOL
	Steamed green bean	Carrot & cuccumber	Broccoli & peas	Edamame pops	
	Mango, grapes	Jackfruit	Pomelo	Oranges	

G: Gluten E: Egg D: Dairy F: Fish C: Crustacean

