

Set lunch Menu - December 2020

HS price per meal: 73,000VND

		TUESDAY 1-Dec	WEDNESDAY 2-Dec	THURSDAY 3-Dec	FRIDAY 4-Dec
Salad		Mixed salad	Papaya salad G	Watercress & Egg Salad E	Greek Salad
Soup		Carrot and Potato Soup G	Pumpkin Soup G	Winter melon soup G	Seaweed and Tofu Soup G
Asian		Teriyaki meatballs (no bone) G,E	Pork w/Five Spice (no bone) G	Pork Rib w/Honey Sauce (bone) G	Japanese Fried Fish (no bone) G,E,D,F
Western		Grilled Fish w/Mango Salsa (no bone) F	Fried Chicken Nuggets (no bone) G,E,D	Sweet & Sour Chicken (no bone) G	Teriyaki Chicken Wings (bone) G
Vegetarian		Stir-Fry Lo Mein E,G	Mashed Potatoes w/Broccoli & Cheese D	Vegetable Couscous G	Vegetarian Lasagna G,D
Vegetables		Stir Fry Morning Glory	Carrot & Cabbage	Corn on the Cob	Sauteed Bean Spouts, Chives, and Zucchini

* Steamed rice served daily

* Seasonal fresh fruit served daily

G: Gluten E: Egg D: Dairy F: Fish C: Crustacean

Set lunch Menu - October 2020

HS price per meal: 73,000VND

	MONDAY 7-Dec	TUESDAY 8-Dec	WEDNESDAY 9-Dec	THURSDAY 10-Dec	FRIDAY 11-Dec
Salad	Tomato,egg salad E	Papaya salad	Cucumber salad	Greek salad	Mixed salad
Soup	Cabbage Soup G	Sweet & Sour Soup G	Chive & Tofu Soup G	Tomato & Egg Soup G,E	Seaweed and Tofu Soup G
Asian	Fried Chicken w/Fish Sauce (bone) G,F	Beef Lo Mein (no bone) G,E	Vietnamese Chicken Curry (bone) G,D	Fish Luc Lak (no bone) G,F	Grilled Pork Cutlet (bone) G,F
Western	Beef & Pork Shepherd's Pie (no bone) G,D	Grilled Chicken (bone) G	Spaghetti Bolognese w/Beef & Pork (no bone) G	Beef & Pork Meatloaf (no bone) G,D,E	Fried Fish (no bone) G,E,D,F
Vegetarian	Spinach & Mushroom Frittata G,E,D	Thai Green Curry G,D	Braised Tofu & Mushrooms G	Topokki w/Vegetables & Tofu G	Singapore Noodles G
Vegetables	Spinach & Tomatoes	Fried Potatoes	Roasted Tomatoes & Onion	Green and Purple Cabbage	Green Bean and Tomato

* Steamed rice served daily

* Seasonal fresh fruit served daily

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Set lunch Menu - December 2020

HS price per meal: 73,000VND

	MONDAY 14-Dec	TUESDAY 15-Dec	WEDNESDAY 16-Dec	THURSDAY 17-Dec	FRIDAY 18-Dec
Salad	Sweetcorn salad E	Mimosa salad E	Mixed vegetable salad	Cabbage salad	
Soup	Carrot & Potato Soup G	Tomato Soup G	Egg Drop Soup G,E	Seaweed and Tofu Soup G	
Asian	Teriyaki Pork Meatballs (no bone) G,E	Chicken Topokki (no bone) G	Beef Luc Lak (no bone) G	Braised Chicken w/Ginger Sauce (bone) G	NO SCHOOL
Western	Creamy Basil Chicken Pasta (no bone) G,D	Grilled Pork w/BBQ Sauce (no bone) G	Fried Chicken Nuggets (no bone) G,E,D	Grilled Fish w/Herb Butter (no bone) G,F	
Vegetarian	Korean Glass Noodle Stir-Fry G	Sweet & Sour Tofu G	Vegetable Couscous G	Vietnam Curry G,D	
Vegetables	Bok Choy	Zucchini, Corn, and Onion	Roasted Potatoes & Carrots	Corn on the Cob	

* Steamed rice served daily

* Seasonal fresh fruit served daily

G: Gluten E: Egg D: Dairy F: Fish C: Crustacean