

The VIA Classification of **Character Strengths and Virtues**





CREATIVITY Original & Adaptive, Clever, A problem solver, Sees and does things in different ways



CURIOSITY Interested, Explores new things. Open to new ideas



JUDGMENT A critical thinker, Thinks things through, Open minded



LEARNING Masters new skills & topics, Systematically adds to knowledge



PERSPECTIVE Wise, Provides wise counsel, Takes the big picture view

VIRTUE OF Courage

VIRTUE OF Humanity

> **VIRTUE OF Justice**

BRAVERY Shows valor, Doesn't shrink from fear, Speaks up for what's right



I OVF Warm and genuine, Values close relationships

TFAMWORK

Team player,

Socially responsible,

Loyal



PERSEVERANCE Persistent, Industrious, Finishes what one starts



Trustworthy, Sincere



KINDNESS Generous, Nurturing, Caring, Compassionate, Altruistic



FAIRNESS Just, Doesn't let feelings bias decisions about others

PRUDENCE

Careful, Cautious,

Doesn't take undue risk



Enthusiastic, Energetic, Doesn't do things half-heartedly



SOCIAL INTELLIGENCE Aware of the motives and feelings of others, Knows what makes others tick



LEADERSHIP Organizes group activities, Encourages a group to get things done



SELF-REGULATION Self-controlled, Manages impulses and emotions



SPIRITUALITY Searches for meaning, Feels a sense of purpose, Senses a relationship with the sacred

VIRTUE OF Temperance





FORGIVENESS

Merciful, Accepts others'

shortcomings, Gives people

a second chance



GRATITUDE Thankful for the good, Expresses thanks, **Feels** blessed

HUMILITY

Modest, Lets one's

accomplishments speak

for themselves



HOPE Optimistic, Future-minded



Brings smiles to others,



